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A Beginner's Guide to Personal Data Privacy

Ways to Love Yourself Online

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Create **strong** passwords.
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Never use the same password on multiple accounts.
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Lock your devices.
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Always **log out** of browsers.
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Make sure there is an **https** in the browser address bar.
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Do not log in on personal accounts on **free or public wifi**.
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Install and keep your **anti-virus** up-to-date.
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Don't click on pop-ups or virus warnings.
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Install an **ad blocker** to lessen browser pop-ups.
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Check if you have an account that has been compromised in a **data breach**
<https://haveibeenpwned.com>
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Clean up your **Facebook Third-Party Apps**.
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Clean up your **Facebook Groups**.
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Review and set up your **Facebook Privacy Settings**.
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Unfriend Facebook friends you don't know personally.
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Update your **Facebook Timeline and Tagging Settings**.
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Don't be **too public**.
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Check and clean up your **spam folder**.
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Be wary of **phishing** scams.
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Avoid using **work e-mail addresses** for personal matters.
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Unsubscribe from **unwanted newsletters**.
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Clean up your **Browser Extensions**.
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Always clean your **Browsing Data**.
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Uninstall **unwanted programs** from your PC.
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Back up your files and data regularly.
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Keep your software **up-to-date**.
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Check and use **firewalls**.
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Secure your **wireless network**.
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Store **personal and financial documents** securely.
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Be mindful of **devices with company data** on them.
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Pass this on. Help your loved ones love themselves.